

## **Spinach and Balsamic Strawberry Salad**

### Balsamic Vinaigrette

4 tsp balsamic vinegar

2 tsp red wine vinegar

½ tsp fresh black pepper

pinch of salt

5-6 T extra virgin olive oil

4-5 cups fresh small spinach leaves

1/3 cup sunflower seeds

½ red onion, thinly sliced

1 cup fresh strawberries, cut into 1" pieces

1. Mix vinegars, pepper, salt and olive oil; whisk until well combined. You can also add all ingredients to a mason jar, put lid on and shake to combine.
2. Toss spinach with sunflower seeds, onion and strawberries.
3. Drizzle balsamic vinaigrette over salad and gently toss to lightly coat.



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